

SPRING 2021 PROFESSIONAL DEVELOPMENT MENU



What am I Required to Attend?

You can find links to all sessions on our PD Calendar [HERE](#) or in your weekly PD Update email.

ALL ASM INSTRUCTORS:

Attend the
Instructor Forum
February 5!
(Page 2)

Pick 2 "Forum
Series"
Workshops!
(Pages 3 - 5)

Attend at least 2 of
the 3 of your Programs
Communities of
Practice!
(Page 6)

Select up to 3 hours
of additional supports
(Tech Talks, Additional
Forum Series workshops,
or office hours)
(Page 8)

NEW INSTRUCTORS MUST ALSO:

Attend New Instructor
Tech Talk on 2/9 from
5:00 – 7:00 p.m.
(Page 7)

Attend New Instructor
Institute on 2/12 from
10:00 a.m. – 12:00 p.m.
(Page 7)

+ In addition, new instructors should
attend the full PD program for all ASM
instructors above.

Remember... your 13 budgeted PD meeting hours (17 for new instructors) are set up to allow you to attend the full PD program above. Do not exceed these hours. PD Meeting hours can only be applied to ASM Professional Development workshops listed on this menu.

REQUIRED SESSION: INSTRUCTOR FORUM

AFTER SCHOOL matters®

VIRTUAL INSTRUCTOR FORUM 2021

FRIDAY, FEBRUARY 5, 2021
9:00 A.M. – 1:00 P.M.



INSTRUCTOR FORUM

Friday, February 5 (9:00 a.m. – 1:00 p.m.)

In a time of local and global crisis, how can we come together while we are apart to create more positive, restorative, and liberatory spaces with young people? Join us for the 2021 instructor Forum, where we will hear from young people about their experiences over the past year, work with Chicago Freedom School on building anti-oppressive practices into the work we do, and celebrate instructor talent and voices. (See detailed breakdown of the day here). **This session is required by your scope of services for all instructors.**

PICK 2! FORUM SERIES WORKSHOPS

These follow-up workshops after the instructor Forum will allow us to dive deeper into the three main themes of Spring Professional Development, enriching and extending the work we are beginning together at the Instructor Forum! Instructors may select any two workshops.

WORKSHOP THEMES:



1. Self and Community Care, Healing, and Trauma



2. Anti-Oppressive Education



3. Building dynamic, Positive Remote Communities



HEALING, RESISTANCE AND RESTORATIVE PRACTICE FOR YOUTH WORK

Tuesday, February 16 (10:00 a.m. – 12:00 p.m.)

As we struggle to promote peace and restorative justice practices with our young people, it is important to examine our own approach to this work. Healing is a form of resistance and the key to restorative justice practice. Participants will learn of ways to become better practitioners of restorative justice by encouraging us to build on our “inner work.” This session will present a strategy to challenge ourselves before we engage in healing work with young people, and provide a tool for this process.

Presenter Bio: Henry Cervantes is an artist, activist and educator who has trained activists from Asia, Africa, the Middle East, Central and South America. Cervantes serves as manager for The Peace Exchange and is a volunteer nonviolence trainer at Cook County Jail in Chicago as part of the Sheriff’s Anti-Violence Effort (SAVE). Cervantes is also an adjunct professor for North Park Theological Seminary at Stateville Correctional Center, a Maximum Security Prison. He is board co-chair at The Crossroads Fund.



ANTI-OPPRESSIVE EDUCATION STRATEGIES: POPULAR EDUCATION

Thursday, February 18 (10:00 a.m. – 12:00 p.m.)

In the next series of anti-oppressive education workshops with the Chicago Freedom School, we will explore popular education. Popular education is an educational approach rooted in people’s lived experiences and focuses on examining power in order to take collective action for social justice. In this session participants will explore the fundamentals of popular education and how it is an essential approach for organizing across multiple issues. Participants will examine the role of facilitation in creating dynamic interactive educational spaces while practicing facilitation skills and creating innovative agendas on relevant topics.

Presenter Bio: The Chicago Freedom School is Rooted in the long legacy of liberatory education, Chicago Freedom School (CFS) provides training and education for young people and adult allies to create a just world. CFS takes an innovative approach to civic engagement, leadership development, and movement building. Our programs, resources and trainings invite young people and adult allies to study of the work of past movements, deepen their understanding of current social problems, build new coalitions and develop strategies for change.

PICK 2! FORUM SERIES WORKSHOPS



TRAUMA AND MENTAL HEALTH SUPPORTS DURING COVID-19

Friday, February 19 (10:00 a.m. – 12:00 p.m.)

This past year has put an incredible strain on the mental health and well being of youth and facilitators alike. Join this session to review basic mental and emotional well being response tools and resources, and learn more about the supports available to teens and instructors through After School Matters' new counseling partnership with Adler Community Health Services. In this session, you will receive resources and information about supporting your teens with mental health and trauma challenges, and you will meet the team of Adler counselors available to work with ASM teens and programs for individual or group sessions.

Presenter Bio: Adler Community Health Services (ACHS) provides clinical and community mental health services informed by the core values of Adlerian theory and the mission of Adler University.

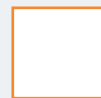


YOUTH SPEAK: CREATING CARING COMMUNITIES

Tuesday, February 23 (5:00 – 7:00 p.m.)

Due to these unprecedented times, everyone has been going through difficult situations. It can be hard to adapt to our changing daily lives, dealing with stress and the new demands of the world can take a toll on anyone. Throughout this workshop, we will collaborate together and find ways to make remote learning more adaptable and less stressful for both youth and instructors. Participants will understand the problems that are being faced by teens during their programs and connect to create solutions to prevent teens from feeling overwhelmed. Participants will be informed of opportunities and common barriers faced by the teens of the Leadership Council to spread awareness and identify solutions. Join us as we unravel ways to cope and uncover the effects our new lives are having on us!

Presenter Bio: The ASM Youth Leadership Council is a group of committed teen leaders from across the city of Chicago who convene to advise After School Matters on key issues, engage with the community as ambassadors of the organization, and develop their leadership skills and abilities in the process.



DESIGNING FOR BLACK BOYS' SUCCESS

February 25 AND 26 (10:00 a.m. – 12:00 p.m.)

This two-day intensive session (please attend both days) focuses on understanding oppressive systems that dehumanize and commodify Black boys and creating spaces that affirm and stand in solidarity with them. This session will offer up examples of tools to support creating spaces that support and affirm Black boys, and will address ways to support engagement and retention within program spaces.

Presenter Bio: Steven Rosado (The Praxis Institute) works with individuals, teams, communities, and organizations to apply research and practice informed strategies to meet their goals. Terrence Pruitt (Project Restore Initiative) engages in healing justice and radical healing by using healing-centered engagement to support organizations and practitioners in their efforts to examine and address the dehumanizing impact of the disparities and inequities that so often create obstacles to overall well-being for students and communities.

**TWO PART
SESSION
– PLEASE
ATTEND BOTH**

PICK 2! FORUM SERIES WORKSHOPS



SKILL SHARE: REMOTE COMMUNITY BUILDING

Wednesday, March 3 (10:00 a.m. – 12:00 p.m.)

In the face of ongoing challenges, a long Chicago winter, and the reality of screen fatigue, how can we create dialogue and activities in remote learning that are engaging, dynamic, and make sure young people feel seen and heard? How can we create opportunities for young people to build relationships and foster interactive community spaces online? This session (back for its third iteration by popular demand) will feature instructor share outs on remote learning strategies that successfully create and support a fun, interactive learning community and include breakout brainstorm time within content areas. Facilitated by ASM Instructor Mentors and PD Team.



CONNECT AND REFLECT: COMMUNITY CARE HAPPY HOUR

Thursday, March 3 (5:00 – 7:00 p.m.)

Join fellow ASM instructors at this self and community care skill share. This will be a special evening to connect and collaborate with other instructors in your content area while having the opportunity to engage in your choice of free, instructor-led self-care activities! Content may include the opportunity to cook a recipe with a master culinary instructor, Join in on yoga and meditation, or join in on an art-making activity. Following group activities, we will have a “happy hour” dialogue with instructors in our content area to connect, reflect, and share ideas and strategies!



TAKING IT BACK: IMPLEMENTING POPULAR EDUCATION STRATEGIES

Thursday, March 25 (10:00 a.m. – 12:00 p.m.)

Building on the Anti-Oppression topics offered by The Chicago Freedom School throughout Fall 2020 and at the instructor Forum, this session will provide instructors an opportunity to connect and collaborate as they discuss the successes and challenges of implementing popular education strategies in programs.

Presenter Bio: The Chicago Freedom School is Rooted in the long legacy of liberatory education, Chicago Freedom School (CFS) provides training and education for young people and adult allies to create a just world. CFS takes an innovative approach to civic engagement, leadership development, and movement building. Our programs, resources and trainings invite young people and adult allies to study of the work of past movements, deepen their understanding of current social problems, build new coalitions and develop strategies for change.

ATTEND AT LEAST 2! COMMUNITIES OF PRACTICE



PROGRAMS COMMUNITIES OF PRACTICE

Let's support each other this Spring! These sessions will allow you to share ideas, collaborate, ask questions, swap resources and make connections with other instructors as we navigate the new world of remote programming. Program Specialists will facilitate 3 community of practice meetings for their portfolio of instructors throughout the session.

You are required to attend at least 2! Your program specialist will send you the link and time for these sessions.

March 5, 2021

April 23, 2021

May 21, 2021

NEW INSTRUCTORS!

REQUIRED SESSION: NEW INSTRUCTOR



NEW INSTRUCTOR TECH TALK

Tuesday, February 9 (10:00 a.m. - 12:00 p.m.) (Required for all New Instructors)

How do I set up my google classroom? How do I use google meets and google chat? These are all key questions for new instructors setting up remote learning. A tech talk just for new instructors will support you with setting up your google classroom, calendar, and using google meets for your program. Please come to this session with google chrome installed on the device you will be using for programming. This session is required for all new instructors.



NEW INSTRUCTOR INSTITUTE

Thursday, February 11 (10:00 a.m. - 12:00 p.m.) (Required for all New Instructors)

New Instructor Institute provides an introduction to ASM Program Quality and expectations for New Instructors. This session is required for all new instructors.

PICK UP TO 5 HOURS OF ADDITIONAL SUPPORTS!



ONGOING SUPPORT: TECH TALK

(Optional, from 2 'additional supports' hours)

ASM will present on a common tech question or process and walk instructors through a helpful tech tip for 2 hrs. The last 15 minutes will be a Question and Answer, allowing instructors to bring their tech challenges for support.

- New Instructor Tech Talk – **Tues. 2/9 (5:00 – 7:00 p.m.)**
- Tech Talk 1- Planning – **Wed. 2/24 (5:00 – 7:00 p.m.)**
- Tech Talk 2 - Programming – **Wed. 3/24 (5:00 – 7:00 p.m.)**
- Tech Talk 3 – Performing and Publishing – **Wed. 5/19 (5:00 – 7:00 p.m.)**



ONGOING SUPPORT: OFFICE HOURS

(Optional, from 2 'additional supports' hours)

During programs, ongoing support will also be available in the form of remote office hours. These will be available for:

- Tech office hours: with Sean – **Mondays March 1, 2021 – May 24, 2021 (4:30 – 5:30 p.m.)**
- Instructional Support office hours: Instructors can schedule as needed for consultation on youth development and program implementation. Multiple times and dates available during programs! [Click here to schedule!](#)

ABOUT SPRING PROFESSIONAL DEVELOPMENT

SPRING 2021 PD LOGISTICS:

All Spring 2021 Professional Development will be administered via Zoom. In order to receive credit for attending, please join us at live webinars listed below and complete an exit slip. All Webinar links are on the PD Web page and weekly update. [More information is here](#). Sessions will be recorded as a resource and available in the instructor Toolkit. If you have an extenuating circumstance and would like to access a recorded PD exit slip, please contact professional.development@afterschoolmatters.org.

HOW IS PD PAID?

All sessions are Paid through PD Meeting Hours for Spring 2021, this means CBO's should pay instructors at their regular rate for up to 13 hours of PD (an additional 2 for all new instructors). Reimbursement for instructor PD hours are included in your disbursements from ASM, not issued as a separate PD check. Employee Instructors should enter PD attended as "PD Meeting Hours" in ADP.

DESIGN PROCESS:

This PD Plan was designed based primarily on instructor input from surveys and exit slips, with teen input from our Youth Council, staff feedback, and in consultation with local OST adult education partners to incorporate themes and best practices from the field.

- Instructors asked for continued **technology support, anti-oppression training, and mental health supports** in their Summer 2020 survey and Fall 2020 exit slips.
- Staff emphasized the need for **Youth-Led sessions** and **Self and Community** care opportunities for instructors in addition to supporting instructor recommendations for content around **Mental Health, Anti-Oppressive practices, and engaging Remote content**.
- The ASM Youth Leadership Council was also consulted to determine **youth-led topics** and panels for Spring 2021.
- The **emphasis on community** is supported by a lower overall score in interaction this summer on the YPQA. Support for developing connected, positive remote communities is responsive to this growth area. Additional youth program quality alignment areas include positive emotional climate and lack of bias.
- Support for **recruitment and engagement of male youth** is needed, as After School Matters has experienced an organization-wide decrease in male engagement during remote learning. Sessions on this topic will support instructors with recruiting and retaining male youth to support them in their pathways.